

IK Gymnastics'

Pre-SCHOOL Camp 2017!

Co-ed 3-5 yrs

Enjoy a day full of Gymnastics, just like the big kids!



Camp Options	Prices
Morning Camp (Counts as 1 Session of Camp) 9am – 12pm	\$70
Supervised Stay 12pm – 1pm	\$10
Camps are non-refundable and non-transferrable	



WHAT WE DO AT CAMP!

At IK Gymnastics' Summer Camp, our #1 goal is to keep your kids active and excited the entire day! Kids will experience both structured practice of skills on each event, as well as a mixture of fun, games, and different activities!

Here are some of the activities your children will participate in:

- Obstacle courses
- Games and contests
- Skills on all major events for both boys and girls
 - Trampoline time and fun in the foam pit
 - Stretching and Strength Training
- Relay races incorporating gymnastics skills the kids worked on that day
- Supervised times where gymnasts can explore gym apparatuses they are curious about
- Arts and Crafts, games, and story time, depending on how the day's curriculum is going



